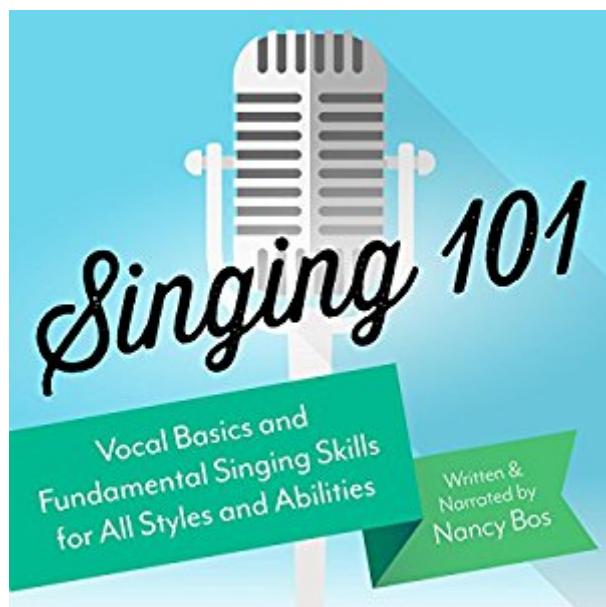


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# **Singing 101: Vocal Basics And Fundamental Singing Skills For All Styles And Abilities**



## Synopsis

THE SINGLE BEST TOOL EVERY SINGER NEEDS TO BUILD, IMPROVE, AND GROW THEIR VOICE. Beyond any other art form, singing is the most personal and expressive way for people to reach out to each other. Whether for professional goals of entertaining, healing or activism, or more personal goals like sharing music with family, friends, and community, singing is the human gift we cannot live without. Singing 101: Vocal Basics and Fundamental Singing Skills for All Styles and Abilities is the fastest way to increase singing abilities. It empowers singers with knowledge and practical application through exercises and techniques. Nancy Bos, a vocologist with decades of experience working with all ages of singers, provides easy-to-understand explanations of technical concepts, with tips for practical application. Singing 101 includes chapters on breath, body alignment, tension, resonance, style, and voice classifications. THE AUDIOBOOK VERSION CONTAINS OVER 30 MINUTES OF BONUS VOCAL WORKOUT MUSIC AND INSTRUCTION and extensive examples for the listener/singer to sing with. You'll learn:

- Why thoughtful understanding of the body helps you sing better
- Strategic thinking about tackling a song
- How to work on your vocal strength and agility with a few key exercises each day
- How to balance technique with stage presence
- Exercises that grow the skills of a modern singer
- Get in on the wisdom of centuries of teachers with tried and true exercises set to music that will appeal to today's singer.

Nancy Bos is a voice teacher and singer with over two decades of experience working with students of all ages and abilities. She is a coach and consultant working with high profile singers and studios, guiding them into some of the best singing they've ever done. In Singing 101, she has gathered vocal wisdom learned through generations of voice teachers sharing their successful strategies, as well as contributions from modern science, in a collection of advice and exercises for the modern singer.

## Book Information

Audible Audio Edition

Listening Length: 1 hour and 38 minutes

Program Type: Audiobook

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## Customer Reviews

The book is written in easily understood language and gives very clear instructions. Following it should improve any reader's singing technique and ability.

Singing 101 was not only a GREAT introduction to the basics of singing but also a FUN way of learning. Nancy Bos is a wonderful and positive vocal coach and I would highly recommend this audiobook for anyone. I listened to Singing 101 in one sitting and also did the exercises. This is indeed vocal exercises and Nancy Bos does them first so you can hear what they should sound like, then she does them with you and lastly, you do them on your own. The greatest thing about this audiobook for me is that I have a tween-aged grandson who is an aspiring singer/vocalist. He's never had a lesson or been in choir yet he has a naturally perfect pitch. When he stays over, I listen to him sing the National Anthem and America the Beautiful over and over again and I'm just in awe as to where this boy gets this from. I've suggested a voice coach or choir but now, NOW I can get him started. I'm thrilled. Thank you so, so much. "This audio book was provided by the author, narrator, or publisher at no cost in exchange for an unbiased review."

This is a very useful and fun introduction to singing written by a very experienced and knowledgeable voice instructor. Use the kindle book and the audio book to get started on this amazing journey. As the author mentions, this is a useful resource to get started and not a replacement for voice lessons.

Nancy Bos has provided a valuable tool for people who may be mystified by all the conflicting advice around developing their singing voice. Nancy's expertise and experience in this field gives credence to the advice, exercises, and tools that will give anyone looking to start singing, or to sing better, a clear path, and concrete examples of what the voice needs in order to develop a beautiful, and healthy, singing ability.

You might think that every book about learning to sing is equally wonderful, or equally lame. But this slim volume, straightforward as it is, is based on vocal science and long experience, and gives

practical suggestions for ways to build the muscles and coordination to sing better in any style. Until you can start lessons with a qualified teacher, this book will give you the truth about how things actually work, so you can stay healthy and strong no matter the type of music you like to sing. In fact, even after you study singing you can come back to these ideas and exercises again and again.

Great knowledge for new and experienced singers! Thank you and I look forward to reading more books that you have written!

Love it !!!!

Nancy Bos provides a clear and useful guide to improving vocal technique..

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